

## *Lesson 1: The Gift of Life and the Incarnation*

**Objective:** See each person as a gift find the face of Christ in each other.

**Target Group:** Grades 4-8

**Time Allotted:** 40 minutes

**Materials Required:** Holy Family Hospital video



### Lesson Plan

**Resource for educators:** Luke 1:5-25, Luke 10:27, 29-37

**Lesson Topic:** All life is created by God and, therefore, is sacred. As the body of Christ, we are called to defend and nurture all life, particularly the lives of the most vulnerable among us.

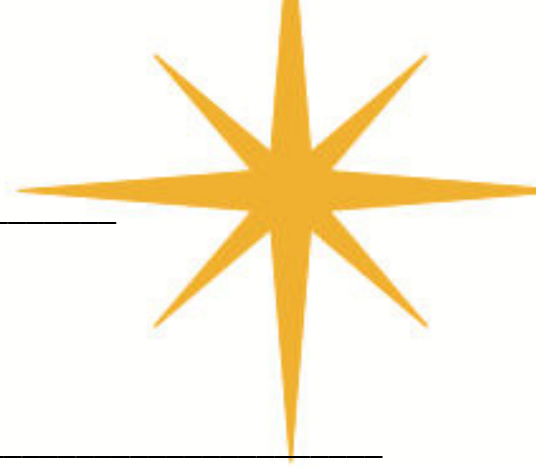
#### Goals:

- a. Students will reflect on what it means to uphold a culture of life in their daily lives by examining the lives of the saints. They will further understand the significance of Holy Family Hospital in caring for the vulnerable babies and families in Bethlehem.

#### Lesson

- a. Read aloud the story of Elizabeth and Zachariah (Luke 1:5-25). Discuss how John the Baptist was an answer to his parents' prayers and how he prepared the way for the Lord.
- b. Explain that every child is a gift from God, and that God makes each child different. All people should be cared for and protected, regardless of an individual's abilities or disabilities.
- c. Discussion questions:
  - a. What does it mean to be vulnerable?
  - b. What are some examples of people who are vulnerable? (The unborn, the elderly, the sick, the intellectually and physically disabled, the impoverished, refugees and immigrants, and those who are lonely.)
- d. Remind students that we are all called to be our brother's keeper, and to always care for the vulnerable. Explain that by participating in *Babies in Bethlehem*, they are helping to help the vulnerable mothers, babies, and families in Bethlehem that are served through Holy Family Hospital.
- e. Play the Holy Family Hospital video for students. Invite students to share their responses to the video.
- f. Read Luke 10:27 and the story of the Good Samaritan (Luke 10:29-37)
- g. Ask students to discuss why being a Good Samaritan is important. How can being a good neighbor further advance a culture of life?
- h. Activity
  - a. On the accompanying worksheet, invite students to think about ways they can be a good neighbor and contribute to the culture of life.

Name: \_\_\_\_\_ Date: \_\_\_\_\_



## Culture of Life

What are three ways that you can be a Good Samaritan at home:

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_

What are three ways that you can be a Good Samaritan at school:

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_

Who are the vulnerable? How can you protect the vulnerable in your life?

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